



# Risk Management Training and Consultancy Services



**“Know safety, No injury,  
No safety, Know injury”**

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*Anonymous*



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## ABOUT

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Altruisk is a leading UK and international provider of risk management, health and safety training and consultancy services for a wide variety of industry and service sectors. Based in the UK but with a global spread, the company was established to provide pragmatic and sensible, yet dynamic and innovative solutions to business tired of traditional risk management services.

We have a wealth of experience in risk management training and consultancy services gained through years of dealing with SME's to large corporate organisations. Since our establishment, we have been working with some major clients offering bespoke risk management solutions, and have trained thousands of delegates with our full range of Accredited Training packages.

At Altruisk we recognise the importance of excellent customer service and our commitment to quality, innovation and performance is as important to us as our commitment to providing reasonable risk solutions.

## TEAM

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Our international team of consultants are handpicked for not only their technical competence but also their enthusiastic and dynamic approach to delivering consultancy and training services. Where in-house resources are not available directly, for example, specialist noise surveys, services are networked with a small group of similar independent companies known to provide a reliable service based on established working relationships. In this way, our clients receive a 'One-stop' service for their health and safety management needs.



"If you were to ask me what makes Altruisk so different, I would say that it's the high quality and engaging style of our training and consultancy services. We go that extra mile to deliver dynamic, yet risk management solutions that specifically meet the needs of our clients to ensure we deliver their anticipated expectations."

**Steve McClean**  
*Managing Director*

# TRAINING SOLUTIONS

## Public Courses



Our public courses are ideal if you are looking to train individual delegates. We provide a variety of courses that can be booked directly from this website.

Altruisk offers a range of training methods. Choose the method that best fits your needs and requirements;

- Scheduled open courses, at our first class training centre across the UK, or virtually via Zoom / Microsoft Teams
- In-company at your location (or virtually)
- Online courses delivered on our Learning Management System

## In-Company Training

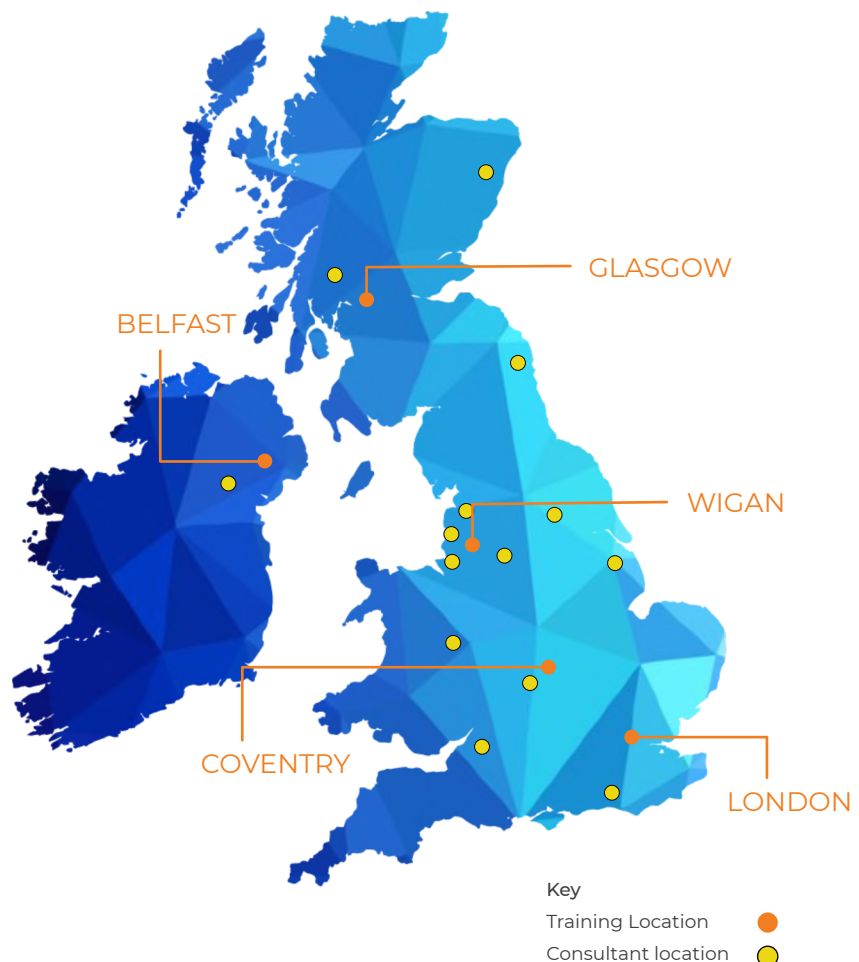


Where you have a number of people that require training, then we can provide training in the convenience of your own facilities at a time to suit your resourcing.

## eLearning/ NVQ's



Our range of online eLearning and work-based NVQ qualifications, provide a self learning alternative to classroom based courses.



# ACCREDITED TRAINING SOLUTIONS

We offer a varied program of accredited training, with excellent pass rates, from leading industry bodies NEBOSH (National Examination Board in Occupational Safety and Health), IOSH (Institution of Occupational Safety and Health) and IIRSM (International Institution of Risk and Safety Management).



## NEBOSH Courses

NEBOSH is an independent examining board and awarding body which offers a comprehensive range of globally-recognised, vocationally-related qualifications designed to meet the health, safety, environmental and risk management needs of all places of work in both the private and public sectors. Altruisk offer the following courses:

### Diploma Courses

- NEBOSH National Diploma in Occupational Health and Safety (Distance / eLearning)

### Certificate Courses

- NEBOSH National General Certificate in Occupational Health and Safety
- NEBOSH National Certificate in Construction Health and Safety Awards
- NEBOSH Award in Health and Safety at Work



## IOSH Courses

IOSH is the Chartered body for health and safety professionals. They offer a range of professional courses to assist businesses raise the health and safety competence of staff from Directors to front line employees. Altruisk offer the following courses;

- IOSH Managing Safely
- IOSH Working Safely
- IOSH Safety for Directors Executives
- IOSH Leading Safety
- IOSH Managing Safety Refresher



## IIRSM Courses

IIRSM is a charitable body for those responsible for managing risks in all their forms. They champion risk management to drive positive change for both employee and organisational wellbeing. They offer a range of courses relating to risk management

Altruisk offer the following courses;

- Combined Management systems (ISO 9001, 14001 & 45001) Lead Auditor



## Proqual NVQ's

ProQual AB Ltd are an Awarding Body that are recognised and approved by Ofqual to develop and award qualifications across an expanding range of industry sectors. They provide NVQ's in Occupational Safety and Health, an alternative to exam based qualifications.

- Level 3 NVQ in Occupational H+S
- Level 6 NVQ Diploma in Occupational H+S practice.



Altruisk creates a safe, open and fun learning environment from the start. Their enthusiasm and passion are endless with a clear objective to ensure that delegates pass any examination papers first time, every time. Simply the best training provider I've encountered

- Simon Tennant,  
Walkers Crisps





## IN-HOUSE / COMPANY TRAINING

If you're looking for personalised training programs designed and delivered by our experienced risk management practitioners in the comfort of your own premises, our in-house company training can provide a perfect solution.



### Bespoke to your requirements

1. Training, discussions and case studies specific to your industry and organisational challenges
2. Utilisation of documentation and procedures from your H&S Management system
3. Site visits and Inspections to gather relevant information needed.



### More adaptive

1. Designed and delivered to your schedule to ensure the minimum staff disruption.
2. A number of learning options can be incorporated; Classroom based and eLearning
3. Flexibility on the number of delegates
4. Materials and Presentations customised with your own company branding ensure employee ownership



### Resource Efficient

1. Can be more cost effective by obtaining lower delegate rates (dependant on numbers)
2. Save on travel and accommodation costs
3. Scheduling designed to cause the minimum of disruption to staff resources.



All of our accredited courses can be delivered in-company including NEBOSH, IOSH, CITB, CIEH and We can also offer other accredited courses from selected partners such as CIEH Food Safety & First Aid, CITB Construction courses, PASMA, IPAF and other specialist training.

Additionally, a large number of shorter courses are also available, for example;

Risk Assessment, Health and Safety Awareness, Health and Safety for Managers, Accident Investigation, Behavioural Safety, Chemical Safety and COSHH, Machinery Safety, Electricity at Work, Permit to Work Systems, Managing Contractors, Working at Height, Manual Handling awareness, Fire Risk Assessment, Fire Warden.



“The IOSH Leading Safely course facilitated by Altruisk was extremely well received by our Senior Management team. It has refocused our commitment and to amend our Business Strategy so that health and safety is fully embedded within the culture of the organisation.”

- Pete Burt, Managing Director,  
Inspiring Healthy Lifestyles







## ELEARNING

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In today's connected workplace, it makes sense to have the courses come to you - risk management anywhere, On-Demand. We offer a variety of risk management courses that can be completed anywhere, at the convenience of the employer and employee. Best of all, you can make considerable savings on training costs!

eLearning Courses Offer:

- **Remote instruction**
- **Completed at employee's pace**
- **Progress tracking**
- **Completion assurance**

Altruisk unique, engaging, interactive courses combine a variety of learning techniques and resources including videos, audio, animation, text.

# INTERNATIONAL REACH

Altruisk is able to deliver training on a worldwide scale to organisations working in a variety of international markets. International experience with a team of international consultants that have many years of experience of working in foreign environments you can be rest assured we can deliver the quality global training, based on standards of the International Labour Organisation (ILO), that supports the culture of diverse nationalities.



## International eLearning Courses

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NEBOSH National Diploma  
 NEBOSH General Certificate  
 NEBOSH National Fire Safety  
 IOSH Managing Safely  
 IOSH Working Safely  
 Asbestos awareness  
 Fire Safety  
 First Aid  
 Food Hygiene  
 Health & Safety for Managers  
 Health & Safety Induction  
 Manual Handling  
 Risk Assessment  
 Workplace Safety  
 Chemicals Safety  
 Working at Height



## International Training courses

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NEBOSH International Diploma in Occupational Health and Safety  
 NEBOSH International Certificate in Occupational Health and Safety  
 NEBOSH International Technical Certificate in Oil and Gas operational Safety  
 NEBOSH Award in Health and Safety at work  
 IOSH Safety for Senior Executives  
 IOSH Managing Safely  
 A range of Non-accredited international courses, such as Accident Investigation.



## Locations in which we have delivered classroom-based training include;

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Unites States  
 Brazil  
 Norway  
 Netherlands  
 France  
 United Arab Emirates  
 Oman  
 Kuwait  
 Tunisia



“Computers themselves, and software yet to be developed, will revolutionise the way we learn.”

◆ Steve Jobs



## CONSULTANCY SERVICES

Altruisk is very proud to offer a range of consultancy options for organisations of any size that need our expertise on a regular basis.

We will work closely with you from the start to ensure we understand your requirements and developing a proposal which will fully meet your organisational needs.

Our team of fully qualified consultants have extensive experience across a range of industry sectors to ensure we have the relevant experience for your organisation's needs.

All with the same fresh and practical approach we use in  
Our risk management solutions

Our range of services include:

- Development of Health Safety and Risk management systems
- Auditing against management systems such as ISO 45001, ISO 9001 and ISO 14001
- Bespoke policies and procedures, safe systems of work, method statements, control systems
- Strategic board-level consultation

- Retained Competent Adviser support packages
- Assistance with SSIP Contractor schemes and other tendering requirements
- Legal Compliance Reviews
- Accident/ Incident investigations
- Contractor Audits
- Site Visits and On-site Support

In addition, we can also offer a range of specialist health and safety services such as;

- Behavioural Based Safety systems
- CDM Advisory role
- Noise Surveys
- Asbestos Surveys
- Occupational Health Assessments
- Occupational Hygiene



## RETAINER PACKAGES

We offer affordable access to a range of services in a variety of configurations.

### Advantage Package

Having access to specialist advice from skilled professionals, at the time that you depend on it the most, can be difficult.

Our Advantage package offers a support service that provides you with access to experienced consultants that will provide you with the necessary advice as you need it.

Unlike some support services, we won't just point you in the general direction, we'll give you solid, sensible information you can actually implement.

You will also receive our monthly newsletter, containing the latest health, safety and risk news and views, plus regular alerts on the latest developments in legislation that may affect your business.



### Optimum Package

Created especially for our small and medium-sized business partners, our Optimum package is the perfect solution for affordable, continuous support. If you have 100 employees or less, we can offer:

All the benefits of the Advantage package

A dedicated consultant who can become your "competent person", fulfilling Regulation 7 of the Management of Health and Safety at Work Regulations 1999.

Option of 2 / 4 / 6 consultancy days per year.

Professionally developed documentation tailored specifically to your activities

Precise advice in the creation of Risk assessments and Method statements

Assistance with Contractor scheme (SSIP Scheme) and Tender applications





## Ultimate Package

Developed for our larger clients, the Ultimate package will be specifically tailored to your individual requirements at a fraction of the cost of an in-house health, safety and risk management team.

As your 'Competent' Advisers, Altruisk would provide you with a service that is reasonable, yet provides you with the peace of mind that you are receiving quality professional support.

We will then bespoke a support package specifically to your organisation and discuss this with you to ensure that it fits your requirements appropriately.

Level of service and Consultancy days are determined on a per client basis, as we will develop a unique service to meet your exact needs.



"Altruisk have provided our business with invaluable support in all our health & safety arrangements, including development and successful accreditation of OHSAS 18001 management system. Their work and support has been a major factor in the development of a positive health & Safety culture throughout the business and also a significant decline in accidents, incidents and civil claims."

- Craig Turley, Finance Director  
Gresham Office Furniture





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## ALTRUISK

Unit D Sovereign Business Park,  
Kingscroft Court, Wigan WN1 3AP

T: 01942 318043

E: [info@altruisk.com](mailto:info@altruisk.com)

W: [www.altruisk.com](http://www.altruisk.com)