

Case Studies

Example 1

RSI /WRULD in a Production Environment

Implemented Job Task Analysis

Analysed JTA results to identify two problem processes.

Reported on issue making recommendations including job rotation, use of breaks, ergonomic redesign

Invited OCC Health Specialist to give talks on RSI /WRULDs and prevention

Example 2

Over-lighting of desks leading to migraines and headaches.

Surveyed the affected areas.

Identified and Reported on root cause issues i.e. absolute brightness level too high & contrast between immediate and surrounding areas too high.

Made recommendations for improvement including quick wins including deployment of darkened desk mats and white anti-glare keyboards (to replace black ones).

Recommended up-lighting increase to wall areas in one particularly badly affected area.