

Case Study: Health and Safety Consultancy and Business Support

As Director of LARP Safety Ltd, I provide practical, client-focused health, safety and environmental consultancy services to organisations seeking to improve compliance, strengthen safety performance and develop sustainable management systems. My consultancy work supports businesses of all sizes, from sole traders and small contractors through to established organisations operating across multiple sites and sectors.

Over the past two decades, I have worked with clients in construction, manufacturing, engineering, education, logistics, facilities management and public services. While each organisation faces its own unique challenges, the common objective is often the same: to create a safer working environment while meeting legal obligations and supporting business growth.

My consultancy approach begins with understanding how an organisation operates in practice rather than relying solely on documented procedures. This involves reviewing existing arrangements, speaking with managers and employees, observing work activities and identifying both strengths and opportunities for improvement. By gaining an understanding of the organisation's culture, operational pressures and strategic objectives, I am able to develop solutions that are proportionate, achievable and aligned with the client's needs.

A significant part of my work involves supporting organisations with risk management. This includes undertaking and reviewing risk assessments, developing safe systems of work, preparing method statements, advising on contractor management arrangements and helping clients establish practical control measures. Rather than producing documentation simply to satisfy compliance requirements, I focus on ensuring that systems are understood, implemented and embedded within day-to-day operations.

I also provide extensive support for organisations pursuing or maintainingSSIP accreditation schemes such as CHAS, SafeContractor, Constructionline and other recognised contractor assessment programmes. Many clients initially find these schemes complex and time-consuming, particularly where evidence requirements are unclear or existing arrangements need improvement. Through structured guidance and hands-on support, I assist organisations in developing the required policies, procedures and records, helping them achieve accreditation and access new business opportunities with confidence.

In addition to compliance support, I work closely with organisations seeking to improve their management systems in line with recognised standards such as ISO 45001. This support ranges from conducting gap analyses and internal audits through to developing policies, procedures, objectives and monitoring arrangements. My focus is always on creating management systems that add value to the organisation rather than becoming an administrative burden. By aligning health and safety management with business objectives, clients are able to improve performance, strengthen governance and demonstrate continual improvement.

Another important aspect of my consultancy work is developing internal competence. I regularly mentor managers, supervisors and health and safety representatives, helping them understand their responsibilities and build confidence in managing workplace risks. This often includes delivering bespoke training sessions, coaching individuals through specific challenges and supporting leadership teams in developing a positive safety culture. The objective is not to create dependence on external consultancy but to equip organisations with the skills and knowledge required to manage health and safety effectively for themselves.

Technology plays an important role in the support I provide. Through the use of Microsoft Teams, Zoom and other digital platforms, I maintain regular contact with clients throughout the UK and

internationally. This allows me to provide responsive support, conduct virtual meetings, review documentation and offer guidance efficiently while remaining accessible when clients require assistance.

The feedback I receive from clients consistently highlights my practical approach, ability to simplify complex legal requirements and commitment to delivering realistic solutions. Rather than adopting a purely compliance-driven approach, I aim to help organisations understand the reasons behind legal requirements and develop systems that genuinely improve workplace health, safety and wellbeing.

Ultimately, my consultancy work is focused on helping organisations move beyond simply meeting minimum standards. By combining technical knowledge, operational experience and a collaborative approach, I support clients in creating safer workplaces, developing competent teams and establishing robust systems that deliver long-term business benefits.